

Conversation Starters for Daily Life

One key to positive parenting is developing a respectful relationship in which children feel heard. This means finding time to talk with children is crucial. A positive benefit of the authoritative parenting style is providing time to both talk with and listen to children. Talking happens naturally if you are ready to connect with your child. Creating this chart can help you think about times to have meaningful conversations. This is very useful when you share what your personal goals are for your child and how you are working as a parent to help your child reach these goals.

Complete the chart and take it home with you. The following are examples of some things you might want to share or know: What are your hopes for your family? What are your child's personal goals? What does your child love about your family?

What do you want to share with your child? What do you want them to share with you?

- What are your hopes for your family?
- What are your child's personal goals?
- What does your child love about your family?
- Other

What can you say? What questions can you ask?

I hope you always have time to talk and share with your family. It is really important to me that we know how to talk to each other so that we can connect and relate. I love meal time because of this. How do you feel about our family conversations?

When can you have this conversation?

- Mealtime
- Bedtime
- In the car
- On the bus
- Other