PARENT ENGAGEMENT MODULES SERIES

Module 6: Understanding and Communicating with Your Teenager California Department of Education 01/2020

Role-Play Scenarios

The following are some common scenarios that teenagers and their families might encounter. Select a partner and then choose one of the four scenarios to act out. One person will act as the parent and the other will act as the child. Practice discussing the issue as a parent to the child. Then switch roles and repeat the process. Make note of any ideas you have as you experience the scenario. Think about your child's strengths as you play the role of the parent.

Scenario 1: Your teenager was told to come home by 11:00 p.m. They were going to attend a football game and get a burger with friends after the game. The clock hits 11:30 p.m. and your teenager has not come home or contacted you about where they are. They arrive home at 11:45 p.m.

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Scenario 2: Your teenager has several friends. One friend, named Stephanie, is very loud and uses bad language. Your teenager has mentioned that Stephanie often gets in trouble at school because the teachers do not understand her. When she has spent time with Stephanie at the mall, your teenager always comes home later than she was told to. Your teenager has asked to go with Stephanie to see a movie. You do not want your teenager to spend time with Stephanie because you feel that she makes bad choices.

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Scenario 3: The school principal calls you to let you know your teenager has been late to school five times. The principal is checking to make sure that everything is okay at home. You were not aware that your child had been late to school because they leave home with plenty of time to get to school on time.

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Scenario 4: Your teenager is supposed to come home after school to do homework and get dinner started because you don't get home until 5:00 p.m. Today, you arrive home at 5:00 p.m. and notice that your teenager is getting home at the same time as you are. When you ask them where they were, they say that they went to get food after school and had been hanging out with friends. Your teenager knows that they are supposed to ask permission if they wish to alter the afterschool routine.

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