

**What is important to me for my children?**

Picture your children five or ten years from now. Imagine the life you want for them and what you hope they can achieve. Helping your children get to that point means thinking about what is important to you as a parent and how you send those messages to your children. Think about and answer the following questions:

**1. What do you wish for your children?**

**2. What is important for your children to know or do?**